



UNIVERSITY OF
CALIFORNIA,
RIVERSIDE



SPRING 2022

Youth Health and Development Lab

About Us

In the Youth Health and Development Lab, we study how life experiences and social factors shape young people's health, development, and wellness.

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Contact Us! (951) 827-2535 youthdevlab.ucr@gmail.com @ucr_youthdev

MEET THE TEAM!



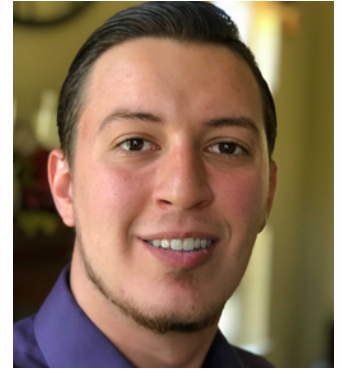
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RESEARCH UPDATES

In the past year, YHD team members published 6 articles and 2 chapters. We have also been working on three major projects!



Pathways To Resilience

This project aims to investigate risk and resilience as they relate to the mental health of Black youth who've faced experiences with the juvenile justice system or law enforcement. The goal of this project is to learn more about ways to provide support for Black youth and their families.



The MedLab Experience

Based in Chicago, this project explores the effects of a high-tech, interactive educational exhibit on diverse urban youth. This study is especially interested in the exhibit's ability to shape young people's STEM career interests and perceptions of belonging in the fields of STEM.



College Student Identity Project

This online project focuses on how racially diverse college students construct their identity around culture, and implications of identity for academic achievement, mental health, and well-being. Data collection for this project is currently underway at UCR.



To learn more and stay updated with our current projects visit <https://youthdevlab.ucr.edu/> or scan the QR code with any mobile device.

UCR UPDATES

SPRING QUARTER TRANSITION BACK TO CAMPUS

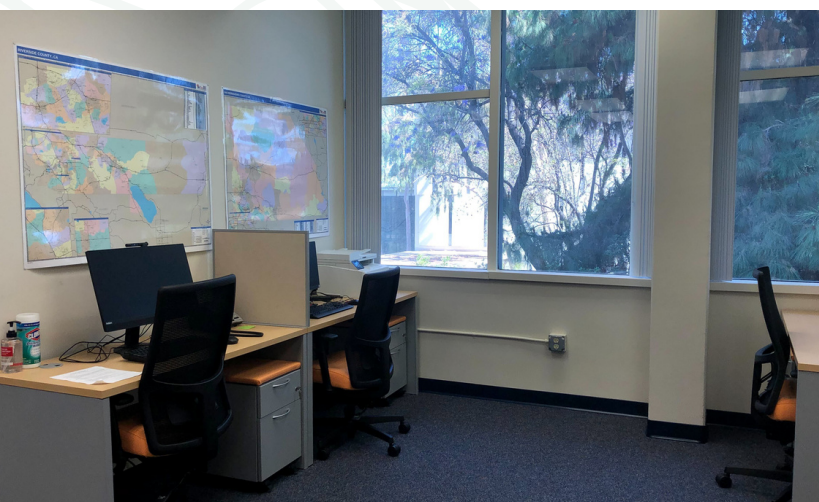
As COVID-19 public health guidelines begin to change, UCR researchers and students have made their return to campus this quarter. Campus facilities have reopened and on-campus student services have resumed. As per campus guidelines, students, staff, and faculty must adhere to public health and safety guidelines upon their return.

STUDENT SUCCESS CENTER IS OPEN!

The new Student Success Center, located between the CHASS Interdisciplinary Building and the Student Services Building is now open! The center includes classrooms, lecture halls, multipurpose rooms, student study areas, meeting rooms, and a student lounge. It also houses UCR's first gender-inclusive multi stall restroom. Take a video tour or, better yet, visit in person to experience the daylit central atrium!



Student Success Center, 3rd floor



YHD Lab's renovated office space

WHAT'S NEW AT THE LAB?

The YHD Lab resumed in-person activities this year! Since March 2020, our lab has been mostly virtual due to the on-going COVID-19 pandemic. During this time, we completed office renovations. This year, we resumed attending community outreach events and in-person recruitment efforts for our Pathways to Resilience Project. Our office space is now available for in-person use, including new computers for team members. We look forward to interviewing youth and families in our office space!

For up-to-date campus updates visit
<https://campusreturn.ucr.edu/>

Community Engagement

In Action



Black History Month Celebration

We attended our first community event in Riverside in February. We were able to interact with community members, hand out informational flyers, and explain what we do at the lab as well as our research projects. Talking with community members was the best part about the day. We hope to meet more community members and organizations at events this summer!

Radio Interview

In an episode of “Reality Check” with host Charles Ellison, Dr. Loyd discussed her recent research article regarding the impacts of microaggressions on African American adolescent girls and women. Dr. Loyd’s research demonstrated that Black adolescent girls experienced microaggressions from their communities.

Her research found that neither dispositional or situational coping helped to “buffer” the effects of microaggressions but surprisingly positive thinking seemed to be more effective. On her sign off, Dr. Loyd left with caveats about how these impacted communities can heal and what institutions can do to aid in the healing of the communities and bring about change through their implemented policies.

Community Health and Wellness Fair

We also attended a Community Health and Wellness Fair in San Bernardino in April. This event allowed us to interact with many other organizations who are also focused on mental health. Attending these community events provided us the opportunity to connect with our community. It also allowed us to network with other organizations and share resources with the community.

Click [HERE](#) for the full interview

Organization Spotlight

A special thank you to all the organizations that have positively responded to our research efforts!



Gina Boyer
Senior Director

Youthful Creations
& Interventions

Dr Terry Roseborough
CEO



Dr. Cynthia Burke
Director



Teresa Stivers
Chief Executive Officer



Josiah Bruny
CEO and Founder



Rosa Ana Lozada
Chief Executive Officer

GREAT FUTURES START HERE.



Boys & Girls Club
OF FONTANA
Terrie Schneider
Executive Director



Annie Buckle
Executive Director



NAACP
San Bernardino 1062

Chache Wright
President



San Fernando Region
Sandra Yanez
Regional Director



Maria Brenes
Executive Director

A CLOSER LOOK:

PROJECT K.I.N.D.
KIDS IN NEED OF DOCTORS

Project K.I.N.D. is an organization dedicated to giving a wide variety of medical assistance to lower income children and teens in the entirety of the Riverside County school district. Run by Medical Director, Dr. Harold Jackson, Project K.I.N.D. offers over 150 trained medical professionals in dentistry, family medicine, optometry, and more. Completely free of charge, Project K.I.N.D. runs its efforts on a mixture of pro-bono procedures and donations to upkeep physical facilities. Children identified as low income and in need of medical assistance by partnering schools can be seen in as low as 24 hours to ensure the child is free of pain and back to normal activities as soon as possible.

All services are confidential and treated with the upmost of care, timeliness, and concern. If your school district is currently not partnered with Project K.I.N.D. and would like to access the wide variety of benefits, please contact your district officials, along with Project K.I.N.D. program director at <http://www.projectkind.org>



Kids in Need of Doctors